

# Healing the Mind

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According to the most recent scientific research, the human brain is the most complex structure in the universe, there is however one point of view with which I do not agree with in terms of modern psychology, and psychiatry. As far as I am concerned the medical profession have it mixed up when they consider that consciousness is an epiphenomenon of matter. That consciousness is a result of chemical or neurological processes. That the mind can be cured by drugs. This is a model of mental health which is now being challenged world wide, but unfortunately the legal system has rowed in to support an outdated model of mental reality. How many times do we see court cases in this country where, for instance, parents of children with severe autism are dragged through the courts simply because they want to improve the living conditions of their child. The most recent case where a lady wanted to have a home birth, was another case of the legal system supporting outdated and extraordinarily arrogant medical practitioners. The HSE has become the single greatest obstacle to health in this country. It is a leviathan gobbling up every single resource in our nation. A leviathan which must be put quietly to sleep.

Ok. What I wish to focus on here is the attitude of teachers, and social workers to special needs children. I know that this is much in the news, as the government struggle to produce a budget to satisfy the Bundestag. As an aside on that I suggest that the budget should be transmitted to these external organisations, the EU, the IMF, the World Bank, only in Irish. In fact I'm sure that some clever legal expert could find some legal reason as to why this should be so. A good starting point would be Article 1 of the Irish Constitution. Our language is our most precious source of defence. I am not talking about that *caighdeán*, peddled by the Department of Ignorance, known as the Department of Education. That is totally rubbish, as it destroys the natural flair of the Irish language to adapt to it's surroundings. In fact we would require at least 25 versions of the budget, one for each *cainiúint*, and down in West Kerry, this could be even more. I recall being in *Ionad na Gaeilge Labhartha*, in UCC, some years ago and reading about a forthcoming lecture discussing the more than 15 *cainiúintí* west of Dingle. The language act requires all state agencies, and all private interests, to ensure that all employees have the ability to communicate with a person in their own Irish if they choose to do so. This is routinely ignored by all state agencies, and particularly by the *Gardaí*, as I know from recent personal experience.

So what is so important about Irish in relation to mental health and education. One point is attitude. Some ten or more years ago, when my son had just begun secondary school, I went to a parent teacher meeting in relation to bullying. The meeting was held in the library of the school. Before the meeting commenced I had a look at an English-Irish dictionary, wondering whether there was a term in Irish for bullying. There was none, there was bull - *tarbh*, and an interesting word *táirbheach* - bountiful or beneficial. At times I call myself *an tarbh táirbeach*, because sometimes we have to create a little mayhem to reorder our situation. Anyway back to the meeting. It was about developing an anti-bullying policy for the school. The meeting was hosted by the school principle, and the main speaker was a lady appointed by the Department of Education, to be the Munster coordinator for this programme. I was appalled at her speech and her attitude. She quoted

many people in respect of bullying. Most all were American, and she did not mention one Irish person. At the close of her diatribe I questioned her on a number of issues. Firstly I asked whether or not they had made any attempt, during the development of this programme, of adapting it into Irish, and respecting the Irish culture. She said they had tried but it was too difficult. Then I informed her that the programme was breaking Article 1 of our constitution, wherein it states, basically that, all political, economic and cultural activities shall be *de réir dúchas is gnás ár sinsear*, according to the genius and tradition of our people. Anti-bullying policies were developed in American multinational corporations, they went from there to Irish companies and from there to our schools. This must be stopped. There was an American lady who would have involved a legal process immediately. We are not a province of America, we are not a province of Europe, and any business operating in this country is bound by our constitution. The second point was in relation to *an tarbh táirbeach*, I said 'what about the wimp.' At the very beginning of the Tao of Physics, there is an ideogram called wu wei, and it's interpretation is that a time of adversity is also a time of opportunity. Children grow in different ways, some lag a little at certain times, and spurt ahead at certain times. If a child who is unable to defend themselves gets away with it, they will never have the chance to spurt. I know that this is a more complex issue now with the advent of cyber bullying, and I will deal with that issue later, if anyone who reads this cares to formulate a specific question. The final point I made was one in relation to the ownership of my son's education. According to the constitution, the family are the natural educators of the children, not the state, and most definitely not the Department of Propaganda. That's what our Department of Education has become a propaganda machine for some or other academic theory, I'll deal with that in one moment. I said to this coordinator that I could not comprehend how I was being consulted at such a late stage in the development of this programme. I, as a parent, have both a right and a duty to participate in all aspects of my child's education. The state don't own the educational system, the nation does.

Now, back to the issue of mental health in education. Some years ago Howard Gardiner was being presented with an honorary doctorate in UCC, and he was scheduled to give a lecture. I decided to attend, in the hope of raising the issue of *dúchas* with him. One of the central cores of our tradition of knowledge. I could not get in to the main auditorium, despite [bulshitting](#) a bit and stating that I was a representative of the Taoiseach. From my previous experience during Romano Prodi's visit I decided not to go into the auditorium next door, as most likely my question would be censored or modified. I did interact with him on-line however. You see his theory of multiple intelligences is incomplete, we can think of each of his intelligences as being like the spokes of a wheel circling around what. What is the core intelligence, what is the axel of these diverse intelligences, what's at the centre of every human being. Some of the qualities which I refer to in Ireland are, *dúthgaois*, *dúthaireamhaíocht*, and others which I have yet to express. In fact at the very core is a quantum mind which must be nourished. There's nothing at the core of Gardiner's wheel, Piaget is just as bad, children are not Pavlov's dogs, and the tabula rasa of Kant is false.

How do we nourish the quantum mind? This is the most important question in education and mental health. I will deal with this at a later stage.